

# World Taekwondo and KC Taekwondo Academy

## Application for Rank Advancement From Purple to Blue Belt

Student Name: _____	Belt Test Fee: \$65	
Belt Test Date: _____	Private/Make-up Test Fee: \$40	
<i>Due by Thursday before Belt Test! .....</i>	Late Fee: \$20	
Student Signature: _____	TOTAL: \$_____	

### Physical Requirements

#### Kicks

- Back Kick
- Fast Kick–Double RH Kick
- Spinning Hook Kick

Grade \_\_\_\_\_

#### Board Breaking

- Back Kick

Grade \_\_\_\_\_

#### Stances

- All Previous Stance

Grade \_\_\_\_\_

#### Hand Techniques

- Palm Block
- Knife Hand Rising Block
- Spear Hand Strike
- Front Back Fist Strike
- Outer Block
- Double Middle Knife Hand Block

Grade \_\_\_\_\_

#### Extra

- Backwards Fall From Squatting Position

Grade \_\_\_\_\_

#### Self-Defense

- Hair/Shoulder Grab
- Wrist Grab From Behind

Grade \_\_\_\_\_

#### Form

- Taegeuk Sa Jang
- Taegeuk Sam Jang

Grade \_\_\_\_\_

### Mental Requirements

*Students are to complete this section prior to submitting application.*

1. What is the meaning of the Purple belt? \_\_\_\_\_
2. What is the meaning of Taegeuk Sa Jang? \_\_\_\_\_
3. What are the three rules of concentration? \_\_\_\_\_
4. Why do we practice controlled Olympic sparring? \_\_\_\_\_
5. What part of the foot is used to strike for each kick?
  - a. Fast Kick \_\_\_\_\_
  - b. Cut Kick \_\_\_\_\_
  - c. Spinning Hook Kick \_\_\_\_\_
6. What is the current word of the month and what does it mean? \_\_\_\_\_

Grade \_\_\_\_\_

Student's overall character during testing, i.e. kie hap, concentration, self-control, answer up. Grade \_\_\_\_\_

Overall Grade \_\_\_\_\_  Pass  Fail



# World Taekwondo and KC Taekwondo Academy

## Application for Rank Advancement Home and School Evaluation

Dear Parents and Teachers:

Our main objective at Kim & Cam's Taekwondo Academy is the development of well-rounded students, not only at our school, but outside the Academy as well. Not only do students strive to be Black Belts in Taekwondo, but they also work towards academic Black Belts and eventually develop an attitude of constant achievement. We use the Black Belt as a symbol of personal excellence.

In order to promote our students' progress toward these goals, we respectfully request completion of the following form.

### Parent's Evaluation

My child's behavior at home has been congruent with that of the principles of Black Belt Excellence: courtesy, respect, discipline, self-control, focus, etc.: Yes \_\_\_\_\_ No \_\_\_\_\_

My child practices his/her Taekwondo at home: Yes \_\_\_\_\_ No \_\_\_\_\_

I have questions/concerns. The most convenient time to reach me is: \_\_\_\_\_

Please provide a brief "Letter of Recommendation" below, expanding on your child's behavior both at home and at school:

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Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### Teacher's Evaluation

Teacher's Name \_\_\_\_\_ School Name: \_\_\_\_\_ Grade: \_\_\_\_\_

\_\_\_\_\_ has been doing satisfactory work in my class and is receiving satisfactory grades while being respectful to teachers and other students. Yes \_\_\_\_\_ No \_\_\_\_\_

I am interested in having a Taekwondo demonstration for my class: Yes \_\_\_\_\_ No \_\_\_\_\_

Phone: \_\_\_\_\_ Convenient time to call: \_\_\_\_\_

Email: \_\_\_\_\_ Signature: \_\_\_\_\_

### Student Referral

The following friend(s) is interested in martial arts lessons. Please contact them and invite them as my guest:

Name: \_\_\_\_\_ Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_ Email: \_\_\_\_\_

If our students do not meet any of the above qualifications, either at home, school, or Kim & Cam's Taekwondo Academy, we will hold the student's promotion until satisfactory behavior is achieved. If you have any direct feedback beyond the scope of this form, please feel free to call us directly at (303)994-3376.

**Master Cameron B. Weber**

