

# World Taekwondo and KC Taekwondo Academy

## Application for Rank Advancement

### From Blue to Red Belt

Student Name: _____	Belt Test Fee: \$65
First Eligible Belt Test Date: _____	Private/Make-up Test Fee: \$30
Date of Belt Test: _____	Late Fee: \$20
Student Signature: _____	TOTAL: \$_____

### Physical Requirements

#### Kicks

- Low-High Double RH Kick
  - Spinning Hook Improved
  - Jumping Back Kick
- Grade \_\_\_\_\_

#### Board Breaking

- Jumping Back Kick
- Grade \_\_\_\_\_

#### Stances

- All previous stances
- Grade \_\_\_\_\_

#### Hand Techniques

- Hammer Fist Strike
  - Elbow Strike to Chest
  - Left elbow strike to palm
  - Right elbow strike to palm
  - Back Fist Strike
- Grade \_\_\_\_\_

#### Self-Defense

- Head locks
  - Proper Stand Up
  - Knee Strike
- Grade \_\_\_\_\_

#### Extra

- Hold Side Kick – Punch Combo (3 sec)
  - Squat- Jab/Cross
  - TKD Roll from Standing
  - Min 1 Sparring Class per month
- Grade \_\_\_\_\_

#### Form

- Taegeuk Oh Jang
  - Taegeuk Sa Jang
- Grade \_\_\_\_\_

### Mental Requirements

*Students are to complete this section prior to submitting application.*

1. What is the meaning of the Blue belt? \_\_\_\_\_
2. What is the meaning of Taegeuk Oh Jang? \_\_\_\_\_
3. Why is it important to get good grades in school? (kids only) \_\_\_\_\_
4. On a separate page, submit written examples of how you live the tenets of Taekwondo. Give an example of how you live each tenet at home, at school/work, and at TKD. In total, you should have 15 examples. This should be typed and stapled to this application.
5. What part of the foot is used to strike for each kick?
  - a. Low/High Double Roundhouse Kick \_\_\_\_\_
  - b. Jumping Back Kick \_\_\_\_\_
  - c. Jumping Spinning Hook Kick \_\_\_\_\_
6. What is the current word of the month and what does it mean? \_\_\_\_\_

Grade \_\_\_\_\_

Student's overall character during testing, i.e. kie hap, concentration, self-control, answer up. Grade \_\_\_\_\_

Overall Grade \_\_\_\_\_  Pass  Fail



# World Taekwondo and KC Taekwondo Academy

## Application for Rank Advancement Home and School Evaluation

Dear Parents and Teachers:

Our main objective at Kim & Cam's Taekwondo Academy is the development of well-rounded students, not only at our school, but outside the Academy as well. Not only do students strive to be Black Belts in Taekwondo, but they also work towards academic Black Belts and eventually develop an attitude of constant achievement. We use the Black Belt as a symbol of personal excellence.

In order to promote our students' progress toward these goals, we respectfully request completion of the following form.

### Parent's Evaluation

My child's behavior at home has been congruent with that of the principles of Black Belt Excellence: courtesy, respect, discipline, self-control, focus, etc.: Yes \_\_\_\_\_ No \_\_\_\_\_

My child practices his/her Taekwondo at home: Yes \_\_\_\_\_ No \_\_\_\_\_

I have questions/concerns. The most convenient time to reach me is: \_\_\_\_\_

Please provide a brief "Letter of Recommendation" below, expanding on your child's behavior both at home and at school:

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Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### Teacher's Evaluation

Teacher's Name \_\_\_\_\_ School Name: \_\_\_\_\_ Grade: \_\_\_\_\_

\_\_\_\_\_ has been doing satisfactory work in my class and is receiving satisfactory grades while being respectful to teachers and other students. Yes \_\_\_\_\_ No \_\_\_\_\_

I am interested in having a Taekwondo demonstration for my class: Yes \_\_\_\_\_ No \_\_\_\_\_

Phone: \_\_\_\_\_ Convenient time to call: \_\_\_\_\_

Email: \_\_\_\_\_ Signature: \_\_\_\_\_

### Student Referral

The following friend(s) is interested in martial arts lessons. Please contact them and invite them as my guest:

Name: \_\_\_\_\_ Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_ Email: \_\_\_\_\_

If our students do not meet any of the above qualifications, either at home, school, or Kim & Cam's Taekwondo Academy, we will hold the student's promotion until satisfactory behavior is achieved. If you have any direct feedback beyond the scope of this form, please feel free to call us directly at (303)994-3376.

**Master Cameron B. Weber**

