

World Taekwondo and KC Taekwondo Academy

Application for Rank Advancement From Red to High Red Belt

Student Name: _____	Belt Test Fee: \$65	
First Eligible Belt Test Date: _____	Private/Make-up Test Fee: \$30	
Date of Belt Test: _____	Late Fee: \$20	
Student Signature: _____	TOTAL: \$_____	

Physical Requirements

Kicks

- Side Kick/Back Kick Combo
 - Cut Kick/Back Kick Combo
 - Jumping Spin Hook Kick
- Grade _____

Board Breaking

- Spinning Hook Kick
- Grade _____

Stances

- All Previous Stances
- Grade _____

Form

- Taegeuk Yuk Jang
 - Taegeuk Oh Jang
- Grade _____

Hand Techniques

- Middle Palm Block
 - High Outer Middle Knife Hand Block
 - High Outer Middle Block
- Grade _____

Nunchucks

- Figure 8
 - Backwards Spin
- Grade _____

Extra

- Back Fall from Stand
 - Elbows on Knees Balance
 - Sparring Techniques 1-4
 - Fall Left from Stand
 - Fall Right from Stand
 - Min 1 Sparring Class per month
- Grade _____

Self-Defense

- Bear Hugs Over and Under Arms
- Grade _____

Mental Requirements

Students are to complete this section prior to submitting application.

1. What is the meaning of the Red belt? _____
2. What is the meaning of Taegeuk Yuk Jang? _____
3. Give an example of self-discipline at home, at school/work, and at TKD. _____
4. On a separate page, write a short essay on how Taekwondo has influenced your life and attach it with this form.
5. What is Confidence? _____
6. What part of the foot is used to strike for each kick?
 - a. Side Kick/Back Kick _____
 - b. Cut Kick/Back Kick _____
7. What is the current word of the month and what does it mean? _____

Grade _____

Student's overall character during testing, i.e. kie hap, concentration, self-control, answer up. Grade _____

Overall Grade _____ Pass Fail



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Application for Rank Advancement Home and School Evaluation

Dear Parents and Teachers:

Our main objective at Kim & Cam's Taekwondo Academy is the development of well-rounded students, not only at our school, but outside the Academy as well. Not only do students strive to be Black Belts in Taekwondo, but they also work towards academic Black Belts and eventually develop an attitude of constant achievement. We use the Black Belt as a symbol of personal excellence.

In order to promote our students' progress toward these goals, we respectfully request completion of the following form.

Parent's Evaluation

My child's behavior at home has been congruent with that of the principles of Black Belt Excellence: courtesy, respect, discipline, self-control, focus, etc.: Yes _____ No _____

My child practices his/her Taekwondo at home: Yes _____ No _____

I have questions/concerns. The most convenient time to reach me is: _____

Please provide a brief "Letter of Recommendation" below, expanding on your child's behavior both at home and at school:

Parent's Signature: _____ Date: _____

Teacher's Evaluation

Teacher's Name _____ School Name: _____ Grade: _____

_____ has been doing satisfactory work in my class and is receiving satisfactory grades while being respectful to teachers and other students. Yes _____ No _____

I am interested in having a Taekwondo demonstration for my class: Yes _____ No _____

Phone: _____ Convenient time to call: _____

Email: _____ Signature: _____

Student Referral

The following friend(s) is interested in martial arts lessons. Please contact them and invite them as my guest:

Name: _____ Name: _____

Phone Number: _____ Phone Number: _____

Email: _____ Email: _____

If our students do not meet any of the above qualifications, either at home, school, or Kim & Cam's Taekwondo Academy, we will hold the student's promotion until satisfactory behavior is achieved. If you have any direct feedback beyond the scope of this form, please feel free to call us directly at (303)994-3376.

Master Cameron B. Weber

