

World Taekwondo and KC Taekwondo Academy

Application for Rank Advancement From High Red to Brown Belt

Student Name: _____	Belt Test Fee: \$65	
First Eligible Belt Test Date: _____	Private/Makeup Test Fee: \$30	
Date of Belt Test: _____	Late Fee: \$20	
Student Signature: _____	TOTAL: \$_____	

Physical Requirements

Kicks

- Low/High Fast Kick Combo
 Cut/Hook/Round Combo

Grade _____

Board Breaking

- Master's Choice

Grade _____

Stances

- Tiger Stance

Grade _____

Form

- Taegeuk Chil Jang
 Taegeuk Yuk Jang

Grade _____

Hand Techniques

- Double Low Knife Hand Block
 Palm Block
 Scissor Block
 Low "X" Block
 High "X" Block
 Double Outer Block
 Side Back Fist Strike
 Double Uppercut
 Grab head-knee strike

Grade _____

Nunchucks

- Throw and catch under arm
 Throw and catch behind back
 Forward Strike/Catch Combo

Grade _____

Extra

- Front Roll from Stand
 Back Roll from Stand
 1 Step Sparring 1-4
 Sparring Techniques 5-8
 20 pushups
 20 sit ups
 Min 1 Sparring Class per month

Grade _____

Self-Defense

- Random Grabs

Grade _____

Mental Requirements

Students are to complete this section prior to submitting application.

1. What is the meaning of the High Red belt? _____
2. What is the meaning of Taegeuk Chil Jang? _____
3. What are the five virtues of a leader? _____
4. On a separate page, write a short essay on what makes you a leader at home, at school/work, and at TKD. Attach.
5. What is the Korean word for "form"? _____
6. Identify essential components to performing poomsae. _____

7. What is the current word of the month and what does it mean? _____

Grade _____

Student's overall character during testing, i.e. kie hap, concentration, self-control, answer up. Grade _____

Overall Grade _____ Pass Fail



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Application for Rank Advancement Home and School Evaluation

Dear Parents and Teachers:

Our main objective at Kim & Cam's Taekwondo Academy is the development of well-rounded students, not only at our school, but outside the Academy as well. Not only do students strive to be Black Belts in Taekwondo, but they also work towards academic Black Belts and eventually develop an attitude of constant achievement. We use the Black Belt as a symbol of personal excellence.

In order to promote our students' progress toward these goals, we respectfully request completion of the following form.

Parent's Evaluation

My child's behavior at home has been congruent with that of the principles of Black Belt Excellence: courtesy, respect, discipline, self-control, focus, etc.: Yes _____ No _____

My child practices his/her Taekwondo at home: Yes _____ No _____

I have questions/concerns. The most convenient time to reach me is: _____

Please provide a brief "Letter of Recommendation" below, expanding on your child's behavior both at home and at school:

Parent's Signature: _____ Date: _____

Teacher's Evaluation

Teacher's Name _____ School Name: _____ Grade: _____

_____ has been doing satisfactory work in my class and is receiving satisfactory grades while being respectful to teachers and other students. Yes _____ No _____

I am interested in having a Taekwondo demonstration for my class: Yes _____ No _____

Phone: _____ Convenient time to call: _____

Email: _____ Signature: _____

Student Referral

The following friend(s) is interested in martial arts lessons. Please contact them and invite them as my guest:

Name: _____ Name: _____

Phone Number: _____ Phone Number: _____

Email: _____ Email: _____

If our students do not meet any of the above qualifications, either at home, school, or Kim & Cam's Taekwondo Academy, we will hold the student's promotion until satisfactory behavior is achieved. If you have any direct feedback beyond the scope of this form, please feel free to call us directly at (303)994-3376.

Master Cameron B. Weber

